

*A private carnival party is in full swing. Jane and Thomas are very excited to go but they are late. Help them find their way to the venue.*



John: *If a tiger is about to attack you wife and your mother who will you save?*

Mark: *The tiger of course, because it is endangered... and there are very few left in the world.*

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Mavis: *I'm gonna give this relationship thing one more try... and if I cheat again, I'm done.*

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Dad typing on computer:

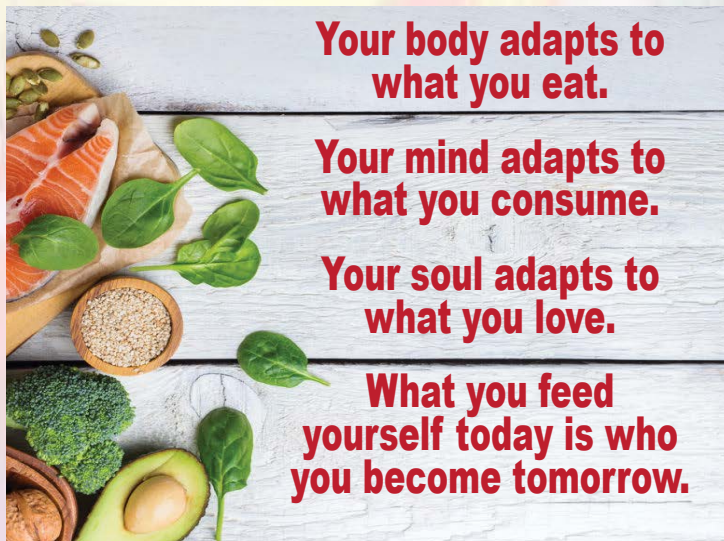
*Hi Johnny - How are you? Your mother and I are fine. We both miss you and hope you are doing well. We look forward to seeing you again the next time your computer crashes and you come downstairs for something to eat. Love, Mom and Dad.*



*Great news, James! Management chose your employee suggestion for joke of the month.*



*What de hell yuh mean if ah sure I eh want ah recipe book? Is just water.*



**Your body adapts to what you eat.**

**Your mind adapts to what you consume.**

**Your soul adapts to what you love.**

**What you feed yourself today is who you become tomorrow.**

## MOKO JUMBIE

This is a mas character that is played on stilts and is a well-known fixture of Carnival celebrations throughout the Caribbean. Moko is allegedly derived from the god "Moko", from West African traditions. The term "jumbie" is a slang expression for ghost or spirit.

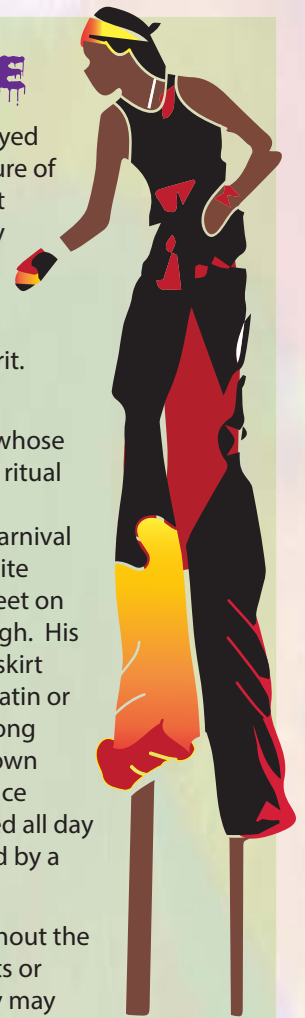
In the West Indies, he appeared regularly as a carnival character whose performance had lost its original ritual significance and was purely for entertainment. In the Trinidad Carnival years ago he was a popular favorite character, bobbing along the street on striped stilts ten to fifteen feet high. His costume consisted of a long full skirt and a jacket of brightly colored satin or velvet. His admiral's hat carried long peaks in front and back and a crown decorated with feathers. His dance was similar to a jig, and he danced all day through the streets accompanied by a drum, a triangle, and a flute.

Moko Jumbies are found throughout the West Indies. They wear long pants or skirts covering the stilts and they may sometimes cover their faces. Now any stilt walker in Carnival might be called a Moko Jumbie.

By the early 1900s Moko Jumbies had become an element of Trinidad Carnival, protecting the city and revelers from evil. As part of his role in Carnival the Moko Jumbie would accept donations from onlookers in upper floors of buildings.

However, by the 1990s, Moko Jumbies were a bit non-existent in Carnival, until two men nick-named Moose and Dragon brought them back to a place of prominence in Carnival and created a new kind of Moko Jumbie.

There are two main Moko Jumbie bands in Trinidad, *Watusi* and *Kilimanjaro*, as well as several smaller ones. So while the idea of the Moko came from Africa, Trinidad has made it its own.



**If you change the way you look at things, the things you look at change.**

Wayne Dyer